



Keswick Island Guest House

Sample Menu 1

BREAKFAST

Juice

Seasonal Fruit

Selection of Cereals

Toast & English Muffins

Eggs Cooked to Order

Bacon, Tomatoes, Hash Browns

Tea & Coffee

LUNCH

Tomato Risotto with Chilli & Garlic Prawns

DINNER

Cheese Puffs

Pan Seared Duck Breast with Caramel Vinegar Dressing,

Served with Roasted Carrots, Roasted Potatoes & Asparagus

Strawberry Cream Cheese Tarts



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Sample Menu 2

BREAKFAST

Juice

Seasonal Fruit

Selection of Cereals

Toast & English Muffins

Eggs Cooked to Order

Bacon, Tomatoes, Hash Browns

Tea & Coffee

LUNCH

Roasted Beetroot & Onion Salad with Baby Spinach Leaves,
Feta Cheese, & Toasted Almonds

DINNER

Avocado Dip

Thai Style BBQ Whole Coral Trout Served with Chilli Dipping Sauce

Rice

Tomato, Coriander & Onion Salad

Baby Bok Choy with Soy & Sesame Dressing

Pear Tart Tatin with Keswick Island Honey & Cream



Keswick Island Guest House

Sample Menu 3

BREAKFAST

Juice

Seasonal Fruit

Selection of Cereals

Toast & English Muffins

Eggs Cooked to Order

Bacon, Tomatoes, Hash Browns

Tea & Coffee

LUNCH

Roasted Pumpkin Pizza with Caramelised Onion, Feta Cheese, Rocket & Pine Nuts

DINNER

Chicken Liver Pate

*Moroccan Style Racks of Lamb with Pistachio & Pine Nut Crust, served with
Pomegranate & Red Wine Reduction*

Jewelled Couscous

Asparagus with Lemon Dressing

Vanilla Gelato with Balsamic & Black Pepper Strawberries



Keswick Island Guest House

Sample Menu 4

BREAKFAST

Juice

Seasonal Fruit

Selection of Cereals

Toast & English Muffins

Eggs Cooked to Order

Bacon, Tomatoes, Hash Browns

Tea & Coffee

LUNCH

Quiche Lorraine

Rocket Salad with Sherry Vinaigrette & Hazelnuts

DINNER

Green Olive & Sundried Tomato Dip

BBQ Rib Eye Beef on the Bone, served with Roasted Garlic Sauce

Potato Gratin

Green Beans

Chocolate & Almond Cake, served with Berry Coulis & Mascarpone